

LUNEDÌ		8-9	9-10	10-11	11-12	13-14	16-17	17-18	18-19	19-20	20-21	21-22	22-23
	Sala 1										KIZOMBA		
	Sala 2			GINNASTICA ore 10.30-11.30	George Human Dance Technique		PROPEDEUTICA 3-4 anni (16.30-17.15)	DANZA 5-8 anni (17.15-18.00)			Pilates		
	Sala 3		GINNASTICA ore 9.30-10.30						George Human Dance Technique (18.00-20.30)				
MARTEDÌ		8-9	9-10	10-11	11-12	13-14	16-17	17-18	18-19	19-20	20-21	21-22	22-23
	Sala 1							HIP HOP 5-8 anni (BABY BOSS)	HIP HOP 9-11 anni (SPAKKAKAPPA)	HIP HOP 12 anni in su (BLASTER CREW)			
	Sala 2						fitness metodo PILOXING (16.30-17.30)	Ginnastica posturale	Sascha Fitness				
	Sala 3							Sascha Fitness	BREAK-DANCE	fitness metodo GROUNDLETIX	TANGO		
MERCOLEDÌ		8-9	9-10	10-11	11-12	13-14	16-17	17-18	18-19	19-20	20-21	21-22	22-23
	Sala 1												
	Sala 2	YOGA (8.00-10.30)			George Human Dance Technique	fitness metodo GROUNDLETIX (13.30-14.30)	PROPEDEUTICA 3-4 anni (16.30-17.15)	DANZA 5-8 anni (17.15-18.00)			Pilates		
	Sala 3		PILATES					BREAK-DANCE	George Human Dance Technique (18.00-20.30)				
GIOVEDÌ		8-9	9-10	10-11	11-12	13-14	16-17	17-18	18-19	19-20	20-21	21-22	22-23
	Sala 1							HIP HOP 5-8 anni (BABY BOSS)	HIP HOP 9-11 anni (SPAKKAKAPPA)	HIP HOP 12 anni in su (BLASTER CREW)			
	Sala 2						fitness metodo PILOXING (16.30-17.30)	Ginnastica posturale					
	Sala 3							Sascha fitness	Sascha fitness	fitness metodo GROUNDLETIX	TANGO	TANGO	
VENERDÌ		8-9	9-10	10-11	11-12	13-14	16-17	17-18	18-19	19-20	20-21	21-22	22-23
	Sala 1												
	Sala 2					fitness metodo GROUNDLETIX (13.30-14.30)		Pilates					
	Sala 3		PILATES					LATINI gara 1	LATINI gara 2				

I CORSI SU FONDO GRIGIO SONO GESTITI
DA ENTI ESTERNI NON ILYDANCE

